

Lower Merrimack Area Summer Games

Saturday, May 5th 2018

(rain date is Sunday, May 6th)

Special Olympics
New Hampshire



Londonderry High School
295 Mammoth Rd
Londonderry, NH 03053

The Lower Merrimack Area Summer Games includes competition in athletics and bocce.

Competition at an area games is required for an athlete to compete at the State Summer Games in athletics, bocce or swimming. The goal of Area Games is to provide our athletes with a quality competitive experience while obtaining accurate preliminary scores to use at the State Summer Games.

Please take a moment to review the Rules of each sport to have a better understanding of the sports.

To register for the Lower Merrimack Area Summer Games, you will use Agon. Please make sure you are familiar with the timeline below.

IF YOU NEED HELP OR HAVE QUESTIONS

About **registration**, which includes compliance and the registration process through Agon including intent to participate, registration and scratch, please contact Kelsey Sullivan at KelseyS@sonh.org or by phone at (603) 624-1250 x31.

About **the season**, which includes preseason conference call, coaches conference call and final information, please contact Chelsea Gill at ChelseaG@sonh.org or by phone at (603) 790-0060.

About **the event**, which includes day of questions, please contact Cheryl O'Shea at COShea@londonderry.org or by phone at (603) 818-1548

EVENT INFORMATION

GENERAL SCHEDULE

- 7:00am Local Program Check-in (for programs with athletes in 1500M events)
- 7:30am Local Program Check-in
1500M Run & Walk
- 8:00am Staging for Parade of Athletes
- 8:30am Opening Ceremonies
- 9:00am Competition Begins

- Track order of events

TRACK A	TRACK B
100M walk/run	10M walk/run

200M walk/run	25M walk/run
400M walk/run	Wheelchair events
800M walk/run	100M walk with device
Relays	50M walk/run

- Athletes should report to field events between track events
- Bocce singles competition begins
- 11:00am Lunch
- 2:00pm Games end (approximate time)

GENERAL INFORMATION

- In the case of inclement weather, a decision to delay or cancel will be made by 6AM on the day of event. Head coaches will be notified via phone or email by 6am on the day of the event. If the games are cancelled, the rain date will be Sunday May 6th.
- Lunch will be provided
- Training is an important part of athlete growth in both skill development and overall physical fitness. Special Olympics New Hampshire encourages teams to train twice a week for 10 weeks prior to the State Tournament, with one practice focusing on sport specific training and one practicing focusing on fitness (cross training etc.) to allow for optimal performance and readiness at the State Games.

REGISTRATION INFORMATION

During the registration process, we will communicate with registered head coaches and Local Program Coordinators.

PRE-SEASON CALL

Wednesday, March 7th at 7pm

- To access the call please dial (712) 775-7031 and at the prompt please dial 363090#
- We will discuss
 - the season
 - events that will take place
 - rules

INTENT TO PARTICIPATE

Open until Thursday, April 5th

By the end of Intent, all athletes, Unified Sports partners, head coaches, coaches and LPVs must be compliant.

- One head coach must be registered for each sport that your team will participate in.
- New athletes must be recorded in Agon.
- If you would like your registration from last year flipped into this year, please email Kelsey
- No athletes, Unified Sports partners, head coaches, coaches or LPVs may be added to the Games after intent closes.

REGISTRATION

Friday, April 6th to Thursday, April 19th

- All athletes and Unified Sports partners must be registered for event specific information (event, level, qualifying score and team, if applicable)
 - Participants may compete in athletics OR bocce.
 - Athletics
 - Participants must register for events in only one category
 - Participants may register for up to four events
 - Athletes may only register for one of the following events: tennis ball throw, softball throw or shot put.
 - Athletes may only register for one of the following events: running long jump or standing long jump.
 - Participants must enter qualifying scores for each event. If no qualifying score is entered, we will division with 2017 State Summer Games results, if those are not available, participants will be placed in division with the highest ability level.
 - Bocce
 - Qualifying scores are not needed as ability is determined during the qualifying round.
 - Participants must register for the qualifying round and singles competition.
- Number of meals needed must be entered and may not be updated after registration closes.

SCRATCH

Friday, April 20th to Thursday, April 26th

During the Scratch phase of registration, users may update scores and remove athletes, LPVs, and/or their events in Agon.

COACHES' CONFERENCE CALL

Tuesday, May 1st at 7:00pm

- To access the call please dial (712) 775-7031 and at the prompt please dial 363090#
- We will discuss:
 - Final schedule
 - Lunch menu
 - Awards process
 - Bad weather

FINAL INFORMATION

Thursday, May 3rd

- Final Schedule and any follow up information required after the coaches meeting will be distributed.