

**SPECIAL OLYMPICS NEW HAMPSHIRE  
RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND  
INDEMNITY, AND AGREEMENT**

In consideration of participating in the 2020 Penguin Plunge, 2020 High School Penguin Plunge, or 2019 Prep School Plunge (the "Activity"), I represent that I understand the nature of Plunge events and that I am qualified, in good health, and in proper physical condition to participate in such an activity. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the Activity.

I fully understand the Plunge events involve risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the "RELEASEES" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the Activity.

Special Olympics has my permission (both during and anytime after) to use my likeness, name, voice or words in either television, radio, film, newspapers, magazines, internet and other media, and in any form, for the purpose of advertising or communicating the purposes and activities of Special Olympics and/or applying for funds to support those purposes and activities.

I hereby release, discharge, and covenant not to sue Special Olympics New Hampshire, Special Olympics, Inc., its respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES") from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the actions, failure to act or negligence of the "releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite this release, waiver of liability, and assumption of risk I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any loss, liability, damage, or cost which may incur as the result of such claim.

I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, and understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this Agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

\_\_\_\_\_  
Printed Name of Participant

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Printed Name of Guardian

\_\_\_\_\_  
Signature of Guardian (If under 18 years old)

\_\_\_\_\_  
Date of Birth

Date of Event:      Saturday, 2/1/2020  
                                 Sunday, 2/2/2020  
                                 Sunday, 12/8/2019

**Emergency Contact**

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_