

# Special Olympics New Hampshire Return to Activity Covid-19 Phased Protocol



As of (10/8/21)

Protocol Area	Phase 1 - Green 5 or less new cases per day per 100,000 people**	Phase 2 - Yellow 6-10 new cases per day per 100,000 people**	Phase 3 - Light Orange 11-24 new cases per day per 100,000 people**	Phase 4 - Dark Orange 25-49 new cases per day per 100,000 people**	Phase 5 - Red Greater than 50 new cases per day per 100,000 people**
Event Size and Venue Type	No indoor capacity limit No outdoor capacity limit Follow size restrictions and safety protocols of venue if any.	Maximum of 75 participants indoors Maximum of 150 participants outdoors Follow any additional size restrictions and safety protocols of venue if any.	Maximum of 50 participants indoors Maximum of 75 participants outdoors Follow any additional size restrictions and safety protocols of venue if any.	Maximum of 25 participants indoors Maximum of 50 participants outdoors Follow any additional size restrictions and safety protocols of venue if any.	All SONH activities are suspended until a 7 day trend of less than 50 new cases per 100,000 people.
Forms	All athletes and LPV volunteers must have a Communicable Disease Waiver on file with SONH.	All athletes and LPV volunteers must have a Communicable Disease Waiver on file with SONH.	All athletes and LPV volunteers must have a Communicable Disease Waiver on file with SONH.	All athletes and LPV volunteers must have a Communicable Disease Waiver on file with SONH.	
Ahead of Event or Gathering & During	A Covid Point(s) of Contact (POC) must be identified. Covid POC must remind attendees, no one may attend any gathering within 10 days of COVID positive test and 7 days of any symptoms. Covid POC must monitor Covid protocols and act as liaison to SONH.	A Covid Point(s) of Contact (POC) must be identified. Covid POC must remind attendees, no one may attend any gathering within 10 days of COVID positive test and 7 days of any symptoms. Covid POC must monitor Covid protocols and act as liaison to SONH.	A Covid Point(s) of Contact (POC) must be identified. Covid POC must remind attendees, no one may attend any gathering within 10 days of COVID positive test and 7 days of any symptoms. Covid POC must monitor Covid protocols and act as liaison to SONH.	A Covid Point(s) of Contact (POC) must be identified. Covid POC must remind attendees, no one may attend any gathering within 10 days of COVID positive test and 7 days of any symptoms. Covid POC must monitor Covid protocols and act as liaison to SONH.	
Onsite Screening & Signage	Must have signage displayed on preventative measures. Hand sanitizer and disposable masks must be available on site.	Must have signage displayed on preventative measures. Hand sanitizer and disposable masks must be available on site.	Verbal health screening & temperature check with contactless thermometer for all participants and spectators upon arrival (100.4 or greater must leave). Must have signage displayed on preventative measures. Hand sanitizer and disposable masks must be available on site.	Verbal health screening & temperature check with contactless thermometer for all participants and spectators upon arrival (100.4 or greater must leave), written record kept by Covid POC. Must have signage displayed on preventative measures. Hand sanitizer and disposable masks must be available on site.	
Masks	Unvaccinated individuals must wear mask at all times, except during rigorous activity.	Masks required for all indoors except during vigorous activity. Outdoors, unvaccinated individuals must wear mask at all times, except during rigorous activity.	Masks required for all indoors except during vigorous activity. Outdoors, masks recommend for all participants, unvaccinated individuals must wear mask at all times, except during rigorous activity.	Masks required for all indoors and outdoors for all at all times, except during rigorous activity.	
Distancing	Social distancing (6 feet) recommended, except during rigorous activity.	Social distancing (6 feet) recommended, except during rigorous activity.	Social distancing (6 feet) required, except during rigorous activity.	Social distancing (6 feet) required, except during rigorous activity.	
Spectators	No protocol in place.	Spectators must be separate from active area by at least 6 feet (12 ft recommended).	Spectators limited to two per athlete.	Not permitted.	
Transportation	When carpooling, masks must be worn at all times unless commuting with people you share a household with.	When carpooling, masks must be worn at all times unless commuting with people you share a household with.	When carpooling, masks must be worn at all times unless commuting with people you share a household with.	When carpooling, masks must be worn at all times unless commuting with people you share a household with.	
Meals	No sharing of water bottles/drinks, use of labels Food items must be individually wrapped.	No sharing of water bottles/drinks, use of labels Food items must be individually wrapped.	No sharing of water bottles/drinks, use of labels Food items must be individually wrapped.	No sharing of water bottles/drinks, use of labels Food items must be individually wrapped.	
Fundraisers/Third Party Fundraisers					

**Key Definitions:**

**Fully Vaccinated:** Two weeks after completing all doses of a Covid-19 vaccine.

**Participant:** Athletes, Unified partners, coaches, officials, volunteers, SONH staff, and any family member/caregiver that is not exclusively within the spectator only sections. Athletes must receive medical clearance before participating in sport.

**Calculating Phases\*\*:** SONH will calculate current NH Covid-19 transmission rate daily based on the 7-day average of positive Covid-19 cases at the rate per 100,000 individuals in New Hampshire. Current phase will be communicated as needed, but at a minimum weekly, on Fridays to Local Program Leadership and Local Program Covid Points of Contact. If daily rate, forces move into a more enhanced Covid-19 protocol phase it will be communicated and take place immediately. Once in current protocol phase, in order to move down into a reduced Covid-19 protocol phase, a 7 day trend at or within lower rate must occur prior to moving into lower phase.

**Event Cancellations:** to accommodate for planning and logistics, we will review upcoming events (competitive and fundraising) one month ahead of time to confirm if event can be held.

**Exposure to Someone with Covid-19 Symptoms or Positive Covid-19 Test:** If exposed to someone who tests positive for Covid-19 (exposure in the 2 days prior to the test being administered or within 7 days after the test date), SONH strongly encourages athletes/LPV's to get tested for Covid-19 before attending any SONH/LP activity. Additionally, if exposed, Athletes/LPV's should self-monitor for symptoms, if symptoms are present, must wait 7 days after symptoms subside to return to activity.

**Enhanced Local Program Protocol:** SONH supports any Local Program who would like to implement enhanced safety measures in addition to the phased Covid-19 protocol set forth. Local Programs cannot mandate vaccination for their athletes or Local Program volunteers.

**Return to Activity Following a Positive Covid-19 Test:** Following a positive Covid-19 test, athletes/Local Program Volunteers must wait 10 days following the positive test and 7 days of any symptoms, whichever is longer. Additionally, prior to returning to activity, athletes/LPV's must provide proof of a negative Covid-19 test or written clearance from a health care professional.