

Special Olympics New Hampshire Return to Activity COVID-19 Phased Protocol



As of (2.22.22)

Protocol Area	Phase 1 - Green 5 or less new cases per day per 100,000 people**	Phase 2 - Yellow 6-10 new cases per day per 100,000 people**	Phase 3 - Light Orange 11-24 new cases per day per 100,000 people**	Phase 4 - Dark Orange 25-49 new cases per day per 100,000 people**	Phase 5 - Red Greater than 50 new cases per day per 100,000 people**
Event Size and Venue Type	No indoor capacity limit No outdoor capacity limit <i>Follow size restrictions and safety protocols of venue if any.</i>	Maximum of 75 participants indoors Maximum of 150 participants outdoors <i>Follow additional size restrictions and safety protocols of venue if any.</i>	Maximum of 50 participants indoors Maximum of 75 participants outdoors <i>Follow additional size restrictions and safety protocols of venue if any.</i>	Maximum of 25 participants indoors Maximum of 50 participants outdoors <i>Follow additional size restrictions and safety protocols of venue if any.</i>	All SONH activities are suspended until a seven day trend of less than 50 new cases per 100,000 people.
Forms	All athletes and LPV volunteers must have a Communicable Disease Waiver on file with SONH.	All athletes and LPV volunteers must have a Communicable Disease Waiver on file with SONH.	All athletes and LPV volunteers must have a Communicable Disease Waiver on file with SONH.	All athletes and LPV volunteers must have a Communicable Disease Waiver on file with SONH.	
Ahead of Event or Gathering & During	A COVID-19 Point(s) of Contact (POC) must be identified. COVID POC must remind attendees, no one may attend any gathering within 7 days of COVID positive test regardless of vaccination status and must follow exposure protocol. COVID POC must monitor COVID protocols and act as liaison to SONH.	A COVID-19 Point(s) of Contact (POC) must be identified. COVID POC must remind attendees, no one may attend any gathering within 7 days of COVID positive test regardless of vaccination status and must follow exposure protocol. COVID POC must monitor COVID protocols and act as liaison to SONH.	A COVID-19 Point(s) of Contact (POC) must be identified. COVID POC must remind attendees, no one may attend any gathering within 7 days of COVID positive test regardless of vaccination status and must follow exposure protocol. COVID POC must monitor COVID protocols and act as liaison to SONH.	A COVID-19 Point(s) of Contact (POC) must be identified. COVID POC must remind attendees, no one may attend any gathering within 7 days of COVID positive test regardless of vaccination status and must follow exposure protocol. COVID POC must monitor COVID protocols and act as liaison to SONH.	
Onsite Screening & Signage	Hand sanitizer and disposable masks must be available on site.	Must have signage displayed on preventative measures. Hand sanitizer and disposable masks must be available on site.	Must have signage displayed on preventative measures. Hand sanitizer and disposable masks must be available on site.	Verbal health screening for all participants and spectators upon arrival, written record kept by Covid POC. Must have signage displayed on preventative measures. Hand sanitizer and disposable masks must be available on site.	
Masks	Unvaccinated individuals must wear a mask at all times, except during rigorous activity.	Indoors, masks recommended for vaccinated individuals, except during vigorous activity. Unvaccinated individuals must wear mask at all times, except during rigorous activity.	Indoors, masks required for all, except during vigorous activity. Outdoors, masks recommend for all participants, unvaccinated individuals must wear mask at all times, except during rigorous activity.	Indoors and outdoors, masks required for all, at all times, except during rigorous activity.	
Distancing	Social distancing (6 feet) recommended, except during rigorous activity.	Social distancing (6 feet) recommended, except during rigorous activity.	Social distancing (6 feet) required, except during rigorous activity.	Social distancing (6 feet) required, except during rigorous activity.	
Spectators	Permitted.	Spectators must be separate from active area by at least 6 feet (12 ft recommended).	Spectators limited to two per athlete. Spectators must be separate from active area by at least 6 feet (12 ft recommended).	Not permitted.	
Transportation	When carpooling, masks must be worn at all times unless commuting with people you share a household with.	When carpooling, masks must be worn at all times unless commuting with people you share a household with.	When carpooling, masks must be worn at all times unless commuting with people you share a household with.	When carpooling, masks must be worn at all times unless commuting with people you share a household with.	
Meals	No sharing of water bottles/drinks. Use of labels encouraged.	No sharing of water bottles/drinks. Use of labels encouraged.	No sharing of water bottles/drinks and use of labels on beverages required.	No sharing of water bottles/drinks and use of labels on beverages required. Food items must be individually wrapped.	

Key Definitions:

Fully Vaccinated: Two weeks after completing all doses of a COVID-19 vaccine.

Participant: Athletes, Unified partners, coaches, officials, volunteers, SONH staff, and any family member/caregiver that is not exclusively within the spectator only sections. Athletes must receive medical clearance before participating in sport.

If You Test Positive for COVID-19: Regardless of vaccination status, cannot participate/attend any SONH activity for 7 days. May return after 7 days if symptom free. Upon return, must follow protocol in place.

Exposure to Someone who has tested positive for COVID-19: Unvaccinated, cannot participate/attend any SONH activities for 7 days. Vaccinated, can attend/participate in SONH activities, must wear a well-fitting mask at all times (until day 10) even when participating in vigorous activity and self-monitor for symptoms. We recommended, if you have symptoms, getting tested prior to participating/attending any SONH activity.

Event Cancellations: to accommodate for planning and logistics, we will review upcoming events (competitive and fundraising) one month ahead of time to confirm if event can be held.

Calculating Phases:** SONH will calculate current NH COVID-19 transmission rate daily based on the 7-day average of positive COVID-19 cases at the rate per 100,000 individuals in New Hampshire. Current phase will be communicated as needed. If daily rate, forces move into a more enhanced COVID-19 protocol phase it will be communicated and take place immediately. Once in current protocol phase, in order to move down into a reduced COVID-19 protocol phase, a 7 day trend at or within lower rate must occur prior to moving into lower phase.

Enhanced Local Program Protocol: SONH supports any Local Program who would like to implement enhanced safety measures in addition to the phased COVID-19 protocol set forth. Local Programs cannot mandate vaccination for their athletes or Local Program volunteers.