

Special Olympics New Hampshire COVID-19 Protocol

5.6.2022

Protocol Area	OUTDOOR EVENTS	INDOOR EVENTS
Event Size and Venue Type	No capacity limit Follow size restrictions and safety protocols of venue if any.	No capacity limit Follow size restrictions and safety protocols of venue if any.
Masks	Unvaccinated individuals must wear a mask at all times, except during rigorous activity.	Masks recommended for vaccinated individuals, except during vigorous activity. Unvaccinated individuals must wear mask at all times, except during rigorous activity.
Distancing	Social distancing (6 feet) recommended, except during rigorous activity.	Social distancing (6 feet) recommended, except during rigorous activity.
Forms	All athletes, LPV volunteers and event volunteers must have a Communicable Disease Waiver on file with SONH.	All athletes, LPV volunteers and event volunteers must have a Communicable Disease Waiver on file with SONH.
Ahead of Event or Gathering & During	A COVID-19 Point(s) of Contact (POC) must be identified. COVID POC must remind attendees, no one may attend any gathering within 7 days of COVID positive test regardless of vaccination status and must follow exposure protocol. COVID POC must monitor COVID protocols and act as liaison to SONH.	A COVID-19 Point(s) of Contact (POC) must be identified. COVID POC must remind attendees, no one may attend any gathering within 7 days of COVID positive test regardless of vaccination status and must follow exposure protocol. COVID POC must monitor COVID protocols and act as liaison to SONH.
Onsite Screening & Signage	Hand sanitizer and disposable masks must be available on site.	Hand sanitizer and disposable masks must be available on site.
Spectators	Permitted.	Permitted. Spectators must be separate from active area by at least 6 feet.
Transportation	When traveling (carpooling/bus/plane) to outdoor events, masks must be worn at all times unless only commuting with shared household members or with whom you share a household.	When traveling (carpooling/bus/plane) to indoor events, masks must be worn at all times unless only commuting with shared household members or with whom you share a household.
Meals	No sharing of water bottles/drinks. Use of labels encouraged.	No sharing of water bottles/drinks. Use of labels encouraged.

Key Definitions:

Fully Vaccinated: Two weeks after completing all doses of a COVID-19 vaccine.

Participant: Athletes, Unified partners, coaches, officials, volunteers and SONH staff. Athletes must receive medical clearance before participating in sport.

Exposure to Someone who has tested positive for COVID-19: Unvaccinated, cannot participate/attend any SONH activities for 7 days. Vaccinated, can attend/participate in SONH activities, must wear a well-fitting mask at all times (until day 10) even when participating in vigorous activity and self-monitor for symptoms. We recommended, if you have symptoms, getting tested prior to participating/attending any SONH activity.

Enhanced Local Program Protocol: SONH supports any Local Program who would like to implement enhanced safety measures in addition to the COVID-19 protocol set forth. Local Programs cannot mandate vaccination for their athletes or Local Program volunteers.

If You Test Positive for COVID-19: Regardless of vaccination status, cannot participate/attend any SONH activity for 7 days. May return after 7 days if symptom free. Upon return, must follow protocol in place.