

## The Benefits of Being a Unified Champion School

Imagine a school where **no** student is excluded, **no** student is bullied, **everyone** is welcomed and a **positive culture** is created based on individual strengths and respect for diversity.

Fourteen years ago, Dover High School got involved in Special Olympics New Hampshire's Unified Champion Schools<sup>®</sup> program, and they have never looked back. MJ Hippern, long-time DHS teacher reflected, "It has been amazing to see how being a Unified Champion School<sup>®</sup> has changed the culture of not only DHS but also our community. Our culture has become a more accepting and caring environment for everyone."

## WHAT A UNIFIED CHAMPION SCHOOL® LOOKS LIKE

The look of a Unified Champion School<sup>®</sup> can vary based on needs, goals, schedules and other unique factors. However, the program remains the same and includes a combination of four components: fun-filled sports, youth leadership and advocacy, school-wide activities and sustainability.

This is a year-round program that consists of seasonal activities. Students learn and enjoy new ways to interact with one another and work together to conduct school-wide campaigns. Daily activities foster inclusion, acceptance and respect for one another while having FUN. The result is that the school, the student body and the community are positively impacted.

## **FURTHER IMPACT**

It is through the youth that the culture in their schools and communities are changing.

- 97% of high school seniors said that these activities have changed their school for the better.
- 86% of the school staff felt the program made a big impact in reducing bullying and teasing in their schools.
- 84% of students generally regarded participation in the program as a positive turning point in their lives.
  - They became more patient and learned to compromise.
  - They felt comfortable sitting with, talking with and working on a school project with a student who has an intellectual disability (ID).
  - Participating in Unified Sports<sup>®</sup> provided opportunities for students to know peers with ID which in turn led to friendships (94% of high school students).

## Be a part of changing the culture in YOUR school ... where everyone is accepted and recognized for their value and skills!

- Let us know your interest in becoming a Unified Champion School<sup>®</sup>.
- You will be connected with a Unified Champion Schools<sup>®</sup> Liaison who will assist you in completing your Unified Champion Schools<sup>®</sup> Application and continue to support your efforts.

Contact us today and be well on your way to engage students, have FUN and begin to change the culture in YOUR school!

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