# 2023 State Fall Track & Field Meet

Sunday, October 1<sup>st</sup>



# University of New Hampshire

145 Main Street

Durham, NH

The State Track & Field Meet will offer competition in Athletics. Please take a moment to review the Athletics Rules to have a better understanding of the sport.

To register for the State Track & Field Meet, you will use Agon. Area Competition is not required to participate in the State Track & Field Meet. Please make sure you are familiar with the timeline below.

# IF YOU NEED HELP OR HAVE QUESTIONS

About *registration*, which includes compliance, the registration process through Agon including intent to participate, registration and scratch, please contact Bridget at BridgetC@sonh.org or by phone at (603) 969-9572.

About the **season or event**, which includes video meetings, final information, and day of questions, please contact Mary at MaryC@sonh.org.

# **EVENT INFORMATION**

# **TENTATIVE ORDER OF EVENTS**

- 7:00am Local Program Check-in •
- 7:30am **Competition Begins**
- NOON Lunch (ongoing; competition does not stop)
- 4:00pm **Competition Ends**
- 5:00pm **Event Ends**

# **GENERAL INFORMATION**

- Lunch will be provided.
- Training is an important part of athlete growth in both skill development and overall physical fitness. • Special Olympics New Hampshire expects teams to train twice a week for 10 weeks prior to the State Games, with one practice focusing on sport specific training and one practice focusing on fitness (cross training etc.) to allow for optimal performance and readiness at the State Games.
- If the event is cancelled, it will not be rescheduled. LPC, Secondary LPC, and Head Coach for each team will be notified via phone by 6:00am on the day of the event.

# **REGISTRATION INFORMATION**

During the registration process, we will communicate with the primary LP contact, head coaches, Local Program Coordinator, Secondary Local Program Coordinator, and the Communications and Technology Manager.

# INTENT TO PARTICIPATE (TELL US YOU ARE COMING)

# Wednesday, July 12th

Enter the primary Local Program contact for the Games as well as the Head Coach for each sport (these be the same or different people).

Give us an estimate of the number of athletes participating for each sport. We are looking for a rough estimate for planning purposes only, this number can change as you move through registration.

# PRESEASON VIDEO CALL

# Tuesday, July 18<sup>th</sup> at 6:00pm

- We will discuss the season, rules and a high-level overview of the culminating event.
- Access the Microsoft Teams Video Call through the link or call-in number listed below.

Microsoft Teams meeting Join on your computer, mobile app or room device Click here to join the meeting Meeting ID: 272 167 597 564 Passcode: wr8pQ2 Download Teams | Join on the web Or call in (audio only) +1 917-933-5640,,9205879# United States, New York City Phone Conference ID: 920 587 9# Find a local number | Reset PIN Learn More | Meeting options

# FIRST PRACTICE SHOULD BE HELD BY

### Saturday, July 22nd

Training is an important part of athlete growth in both skill development and overall physical fitness. Special Olympics New Hampshire expects teams to train twice a week for 10 weeks prior to the State Tournament.

# COMPLIANCE (TELL US WHO IS COMING AND DEAL WITH PAPERWORK)

# Wednesday, August 16th

- No athletes, Unified Sports partners, head coaches, coaches or LPVs may be added to the Games after the compliance closes.
- New athletes must be recorded in Agon.
- If you would like your registration from a prior year flipped into this year, please email Bridget.
- By the end of the compliance period, all athletes, Unified Sports partners, head coaches, coaches and LPVs must be compliant (showing as green in Agon).
  - Requirements to be compliant can be found here:
    - <u>Athlete</u>
    - LPV / Unified Partner
    - Coach

# REGISTRATION

# From Thursday, August 17th through Wednesday, August 30th

All athletes and Unified Sports partners must be registered for event specific information (event, level, qualifying score and team, if applicable).

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- Athletes may only compete in one of the categories listed on the sports rules.
- Athletes may compete in up to four events including relays.
- Athletes may only register for one of the following events: tennis ball throw, softball throw or shot put
- Athletes may only register for one of the following events: running long jump or standing long jump.
- Athletes may register for walking events and running events as long as they are in the same category.
- Participants must enter qualifying scores for each event. If no qualifying score is entered, we will
  division with 2023 State Summer Games results, if those are not available, participants will be placed
  in division with the highest ability level.

Number of meals must be entered:

- Local Programs will be assessed at a rate of \$10 for each additional meal requested. Number of additional meals are calculated as outlined below:
  - (# of meals requested) (# of athletes + # of LPVs) \* (# of meals offered)

# SCRATCH (UPDATE QUALIFYING SCORES; REMOVE PEOPLE)

# From Thursday, August 31st through Wednesday, September 13th

# **COACHES VIDEO CALL**

# Tuesday, September 19th at 7:00pm

- We will review:
  - o Order of events
  - o Lunch menu
  - o Activities between competition
  - o Bad weather
  - o Awards process
- Access the Microsoft Teams video call through the link or call-in number listed below.

# Microsoft Teams meeting Join on your computer, mobile app or room device Click here to join the meeting Meeting ID: 243 227 561 619 Passcode: mDxwHd Download Teams | Join on the web Or call in (audio only) +1 917-933-5640,,483033925# United States, NYC Phone Conference ID: 483 033 925# Find a local number | Reset PIN Learn More | Meeting options

# FINAL INFORMATION

# Wednesday, September 27th

Final order of events and event information will be emailed to the primary LP contact, head coaches, Local Program Coordinator, Secondary Local Program Coordinator, and the Communications and Technology Manager.