

Waterville Valley Resort 1 Ski Area Road Waterville Valley, NH

Please take a moment to review the rules of the sport and the order of events included below. Click on each of the sports listed below to access the rules for the sport.

The 2024 State Winter Games will offer competition in:

- <u>Alpine Skiing</u>
- <u>Snowboarding</u>
- <u>Snowshoeing</u>
- <u>Cross Country Skiing</u>

You will register for the State Winter Games in Agon using the registration timeline below.

# IF YOU NEED HELP OR HAVE QUESTIONS

About **registration**, which includes compliance, the registration process through Agon including intent to participate, registration and scratch, please contact Bridget at <u>BridgetC@sonh.org</u> or by phone at (603) 969-9572.

About the **season or event**, which includes preseason and coaches calls, final information, and day-of questions, please contact Amanda at <u>AmandaR@sonh.org</u> or by phone at (603) 733-6651

# **GENERAL INFORMATION**

- All athletes must complete a time trial during the scheduled time allotment.
- Food totes and drinks will be delivered to condos based on how many people are in each condo.
- Changes in the schedule or any cancellations will be communicated with Head coaches via phone or email by 6:00am on the day of the event.
- Training is an important part of athlete growth in both skill development and overall physical fitness. Special Olympics New Hampshire expects teams to train twice a week for 10 weeks prior to the State Tournament, with one practice focusing on sport specific training and one practice focusing on fitness (cross training etc.) to allow for optimal performance and readiness at the State Tournament.

# **REGISTRATION INFORMATION**

During the registration process, we will communicate with the primary LP contact, head coaches, Local Program Coordinator, Secondary Local Program Coordinator, and the Communications and Technology Manager.

## PRESEASON VIDEO CALL

Tuesday January 16<sup>th</sup>

6:30-7:30pm – Alpine Skiing

7:30-8:30pm - Snowboarding

#### Wednesday January 17<sup>th</sup>

6:30-7:30pm – Cross Country Skiing

7:30-8:30pm - Snowshoeing

- We will discuss:
  - o The season
  - o Events that will take place
  - o Rules
  - High-level overview of the events.

## FIRST PRACTICE SHOULD BE HELD BY

#### Sunday December 24, 2023

Training is an important part of athlete growth in both skill development and overall physical fitness. Special Olympics New Hampshire expects teams to train twice a week for 10 weeks prior to the State Tournament.

## INTENT TO PARTICIPATE (TELL US YOU'RE COMING)

#### By January 3<sup>rd</sup>

- Please enter the primary Local Program contact for the Games as well as the Head Coach for each sport (these may be the same or different people).
- Give us an estimate of the number of athletes participating for each sport. We are looking for a rough estimate for planning purposes only, this number can change as you move through registration.

## COMPLIANCE (TELL US WHO IS COMING AND DEAL WITH PAPERWORK)

### Now until January 10

- No athletes, Unified Sports partners, head coaches, coaches or LPVs may be added to the Games after the compliance period ends.
- New athletes must be recorded in Agon.
- If you would like your registration from a prior year flipped into this year, please email Bridget.
- There must be a minimum of one volunteer registered for every four athletes.
- By the end of the compliance period, all athletes, Unified Sports partners, head coaches, coaches and LPVs must be compliant (showing as green in Agon).
  - Requirements to be compliant can be found here:
    - <u>Athlete</u>
    - LPV / Unified Partner
    - <u>Coach</u>

## REGISTRATION (ENTER EVENTS, QUALIFYING SCORES, LEVELS, TEAMS & MEALS) January 11 to February 7

- All athletes and Unified Sports partners must be registered for event specific information (event, level, qualifying score and team, if applicable).
  - Participants must register for events in <u>only one category</u>.
  - Participants may register for up to three events (mountain) and four events (valley). Additionally, each participant must register for a time trial.
  - Qualifying scores need only be entered for snowshoeing and cross country skiing time trial event.
- Number of meals for Monday night dinner and housing information must be entered.
  - Accommodations for athletes and LPV's are available Sunday and Monday nights at the Black Bear Lodge, Golden Eagle Lodge and Town Square Condos.
    - Rooms are available for 4 people.
- Number of meals must be entered:
  - Local Programs will be assessed at a rate of \$10 for each additional meal requested. Number of additional meals are calculated as outlined below:
    - (# of meals requested) -(# of athletes + # of LPVs) \* (# of meals offered)

## SCRATCH (UPDATE QUALIFYING SCORES, REMOVE PEOPLE)

### February 8 to February 21

• Local Programs will be assessed \$125 for each athlete and volunteer registered at the end of the scratch period.

## COACHES VIDEO CALL

#### Sunday February 25, 2024 – 6:00pm

- We will discuss
  - Set-up for the day
  - Draft final schedule
  - o Menu
  - Process for the day
  - o Weather

## FINAL INFORMATION

### Wednesday February 28

• Final order of events and any follow up information required after the coaches video call will be distributed.