



Claremont Community Center Pool and Track

152 South Street
Claremont, NH

The 2024 Upper Valley Area Summer Games will offer competition in:

- Athletics
- Bocce
- Swimming

Competition at an Area Games is required for an athlete to compete at the State Summer Games in athletics, bocce, or swimming. The goal of Area Games is to provide our athletes with a quality competitive experience while obtaining accurate preliminary scores to use at the State Summer Games.

Please take a moment to review the rules of the sport and the order of events included below.

- Athletics rules can be found [here](#).
- Bocce rules can be found [here](#).
- Swimming rules can be found [here](#).

You will register for the Area Summer Games in Agon using the registration timeline below.

IF YOU NEED HELP OR HAVE QUESTIONS

About **registration**, which includes compliance, the registration process through Agon including intent to participate, registration and scratch, please contact Bridget at BridgetC@sonh.org or by phone at (603) 969-9572.

About the **season or event**, which includes preseason and coaches calls, final information, and day-of questions, please contact Mary at MaryC@sonh.org or by phone at (603) 770-4055.

EVENT INFORMATION

TENTATIVE ORDER OF EVENTS

- 8:00AM Local Program Check-in
- 9:00AM Competition Begins
- 11:00AM Lunch
- 4:00PM Competition Ends
- 5:00PM Event Ends

GENERAL INFORMATION

- Lunch will be provided.
- Training is an important part of athlete growth in both skill development and overall physical fitness. Special Olympics New Hampshire expects teams to train twice a week for 10 weeks prior to the State Tournament, with one practice focusing on sport specific training and one practice focusing on fitness (cross training etc.) to allow for optimal performance and readiness at the State Tournament.
- If the event is cancelled, it will not be rescheduled. LPC, Secondary LPC, and Head Coach for each team will be notified via phone by 6:00am on the day of the event.

REGISTRATION INFORMATION

During the registration process, we will communicate with the primary LP contact, head coaches, Local Program Coordinator, Secondary Local Program Coordinator, and the Communications and Technology Manager.

INTENT TO PARTICIPATE (TELL US YOU'RE COMING)

By Wednesday January 3rd

- Please enter the primary Local Program contact for the Games as well as the Head Coach for each sport (these may be the same or different people).
- Give us an estimate of the number of athletes participating for each sport. We are looking for a rough estimate for planning purposes only, this number can change as you move through registration.

PRESEASON VIDEO CALL

Monday March 11th and Tuesday March 12th

- We will discuss:
 - The season
 - Events that will take place
 - Rules
 - High-level overview of the events.

FIRST PRACTICE SHOULD BE HELD BY

Friday March 22

Training is an important part of athlete growth in both skill development and overall physical fitness. Special Olympics New Hampshire expects teams to train twice a week for 10 weeks prior to the State Tournament.

COMPLIANCE (TELL US WHO IS COMING AND DEAL WITH PAPERWORK)

Now until Wednesday April 3

- No athletes, Unified Sports partners, head coaches, coaches or LPVs may be added to the Games after the compliance period ends.
- New athletes must be recorded in Agon.
- If you would like your registration from a prior year flipped into this year, please email Bridget.
- There must be a minimum of one volunteer registered for every four athletes.
- By the end of the compliance period, all athletes, Unified Sports partners, head coaches, coaches and LPVs must be compliant (showing as green in Agon).
 - Requirements to be compliant can be found here:

- [Athlete](#)
- [LPV / Unified Partner](#)
- [Coach](#)

REGISTRATION (ENTER EVENTS, QUALIFYING SCORES, LEVELS, TEAMS & MEALS)

Thursday April 4 to Wednesday April 17

- All athletes and Unified Sports partners must be registered for event specific information (event, level, qualifying score and team, if applicable).
 - Participants may compete in athletics or bocce.
 - Coaches can request necessary lane accommodation, if needed please let Bridget know prior to the close of registration.
 - Athletics
 - Participants must register for events in only one category.
 - Participants may register for up to four events.
 - *Prior to selecting events within determined category, please reference the 2024 Summer Games Schedule; participants will not be able to register for events that are scheduled back-to-back at the 2024 Summer Games.*
 - Athletes may only register for one of the following events: tennis ball throw, softball throw or shot put.
 - Athletes may only register for one of the following events: running long jump or standing long jump.
 - Athletes may register for walking events and running events as long as they are in the same category.
 - Participants must enter qualifying scores for each event. If no qualifying score is entered, we will division with 2023 State Summer Games results, if those are not available, participants will be placed in division with the highest ability level.
 - Swimming
 - Participants may register for up to four events.
 - Prior to selecting events within determined category, please reference the 2023 Summer Games Schedule, participants will not be able to register for events that are scheduled back-to back at the 2023 Summer Games.
 - Participants must enter qualifying scores for each event.
 - When indicating qualifying score – please record in the notes if your practice pool is yards or meters. If you have questions on how to enter qualifying score, please contact Bridget. Please do not convert yards to meters or meters to yards. We will process conversion for you if necessary.
 - If no qualifying score is entered, we will division with 2018 State Summer Games results, if those are not available, athletes will be placed in the highest-level divisions.
 - Bocce
 - Qualifying scores are not needed as ability is determined during the qualifying round.
 - Participants must register for the qualifying round and singles competition.
- Number of meals must be entered and may not be updated after registration closes.

SCRATCH (UPDATE QUALIFYING SCORES, REMOVE PEOPLE)

Thursday April 18 to Wednesday April 24

COACHES VIDEO CALL

Monday April 29 – 6:00pm

- We will discuss
 - Set-up for the day
 - Draft final schedule
 - Menu
 - Process for the day
 - Weather

FINAL INFORMATION

Wednesday May 1, 2024

- Final order of events and any follow up information required after the coaches video call will be distributed.