

SECTION C – SPECIAL OLYMPICS TENNIS RATING SHEET

Athlete's Name: _____

Delegation: _____

Gender: _____

Age: _____

Level 1 (athlete's at this level should complete the ISC Skills Testing)	Level	E. Second Serve	Level
Player just starting to play tennis		Double faults are common	2
Section A through G do not need to be completed		Pushes 2nd serves	4
A. Forehand	Level	Hits 2nd serves with control	6
Hits inconsistent weak FH shots	2	Hits 2nd serves with control and depth	7
Hits FH shots with little directional control	3	Hits 2nd serves with spin, control and depth	8
FH has directional control of shots, but shots lack depth	4	F. Return of Serve	Level
FH has sufficient control to sustain a short rally and is developing depth	5	Has difficulty returning serve	2
Rallies with control and depth, but has difficulty when shots are high or hard	6	Returns serve occasionally	3
Rallies consistently with depth, becomes inconsistent when adding pace	7	Returns 2nd serve consistently	4
Sustains an extended rally with direction, pace and depth	8	Returns some 1st serves, returns 2nd serves consistently	5
B. Backhand	Level	Returns 1st and 2nd serves consistently	6
Hits inconsistent weak BH shots	2	Aggressive return of 2nd serve and consistent return of 1st serve	7
Hits BH shots with little directional control	3	Aggressive return of 1st and 2nd serves	8
BH has directional control of shots, but shots lack depth	4	G. Volleys	Level
BH has sufficient control to sustain a short rally and is developing depth	5	Hits inconsistent volleys; avoids net	3
Rallies with control and depth, but has difficulty when shots are high or hard	6	Hits consistent FH volleys; BH volley is inconsistent	4
Rallies consistently with depth, becomes inconsistent when adding pace	7	Hits consistent volleys; has problems approaching the net	5
Sustains an extended rally with direction, pace and depth	8	Has ability to approach the net and hits consistent volleys	6
C. Movement	Level	Comfortable moving to net, moves laterally well for both FH and BH volleys	7
Stationary position; does not move to ball to hit shots	2	Hits aggressive FH and BH volleys	8
Moves only 1-2 steps toward ball to hit shots	3	Section	Category
Moves toward ball; but court coverage is poor	4	A	Forehand
Movement allows sufficient court coverage of most shots	5	B	Backhand
Has good court coverage, reacts well enough to sustain a short rally	6	C	Movement
Reacts quickly to the ball and has very good court coverage	7	D	First Serve
Exceptional court coverage, reacts quickly to the ball and recovers after each shot	8	E	Second Serve
D. First Serve	Level	F	Return of Serve
1st serve is weak	2	G	Volleys
Hits 1st serves in at a slower pace	4	Total of Sections A through G	
Hits 1st serves with pace	6	divided by 7	
Hits 1st serves with pace and control	8	FINAL RATING	

Rater's Name: _____

Suggested Competition level for athletes

Tennis Rating of 1.0 – 1.9

Tennis Rating of 2.0 – 2.9

Tennis Rating of 3.0 – 3.9

Tennis Rating of 4.0 – 4.9

Tennis Rating of 5.0 – 8.0

Athlete should compete in:

Athlete should compete in:

Athlete should compete in:

Athlete should compete in:

Athlete should compete in:

Level 1 – Individual Skills Competition

Level 2 – 42' Court – Red foam ball

Level 3 – 60' Court – Orange ball

Level 4 – 78' Court – Green ball

Level 5 – 78' Court – Yellow ball