

2026 Special Olympics New Hampshire State Summer Games

Competition Schedule

Updated 5/14/26



Friday, June 12th

	UNH Outdoor Track	UNH Long Jump Pit	UNH Lower Field	UNH Bremner Field	PEA Pool	UNH Jerry Azumah Performance Center
FRIDAY	8:00 AM - 8:30 AM	1500M Walk 1500 Run				
	8:30 AM - 9:00 AM	5000M Run		Standing Long Jump		POWERLIFTING Weigh in
	9:00 AM - 9:30 AM					
	9:30 AM - 10:00 AM	50M Walk w Spt 50M EWC				
	10:00 AM - 10:30 AM	50M MWC 30M EWC Slalom				
	10:30 AM - 11:00 AM		Running Long Jump		BOCCE Divisioning Round	
	11:00 AM - 11:30 AM	10M Walk w Spt 10M EWC				
	11:30 AM - 12:00 PM					
	12:00 PM - 12:30 PM					POWERLIFTING Competition
	12:30 PM - 1:00 PM	25M Run & Run w Spt 25M Walk & Walk w Spt				
	1:00 PM - 1:30 PM	25M EWC & MWC				
	1:30 PM - 2:00 PM	400M Walk 400M Run				
	2:00 PM - 2:30 PM					
	2:30 PM - 3:00 PM					
	3:00 PM - 3:30 PM	50M Run 50M Walk				
3:30 PM - 4:00 PM						

ITEMS TO NOTE

Athletics

- Awards
- Awards will take place directly after competition.
- Allow 30 minutes free time after the end time of each event to receive awards.
- Do not register for back to back events. May only register for events within one category.
- Staging will open 10 minutes before the scheduled start time for each event.
- All athletes should report to staging by the start time of their event.
- There will be a 5 minute grace period to report to staging.
- Any athlete not at staging 5 minutes after the scheduled start time may be disqualified.

Triathlon

Competition will begin Friday at 1pm.

Opening Ceremonies

4x100M Relay, 4x100M Unified Relay, 10M Walk & 10M MWC will take place Friday during opening ceremonies at 8:00pm. Staging at 7:00pm.

Pentathlon & High Jump

Competition will take place on Saturday from 8am to noon

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Saturday, June 13th

		UNH Outdoor Track	UNH Lower Field	UNH Shot Put Pit	UNH Bremner Field	UNH TBD	TBD	UNH Student Rec Field
SATURDAY	8:00 AM - 8:30 AM	800M Run 800M Walk						
	8:30 AM - 9:00 AM	200M Run & Walk 200M MWC						
	9:00 AM - 9:30 AM							
	9:30 AM - 10:00 AM	100M Walk w Spt 100M MWC & EWC						
	10:00 AM - 10:30 AM		Mini-Javelin					
	10:30 AM - 11:00 AM				BOCCE Doubles			
	11:00 AM - 11:30 AM						EQUESTRIAN COMPETITION	SOFTBALL COMPETITION
	11:30 AM - 12:00 PM							
	12:00 PM - 12:30 PM	100M Run 100M Walk	Tennis Ball Throw			HEALTHY ATHLETES Hearing Hearing Fun Fitness Special Smiles		
	12:30 PM - 1:00 PM							
	1:00 PM - 1:30 PM							
	1:30 PM - 2:00 PM					BOCCE Teams		
	2:00 PM - 2:30 PM		Softball Throw	Shotput				
2:30 PM - 3:00 PM								

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